

CALIFORNIA SENIOR WINTER GAMES



DODGE RIDGE



MARCH 11-14, 2010

For everyone 50 and over with that competitive spirit

First Annual

California Winter Games in the Sierra Nevada for Seniors

Featuring winter sports competition (Olympic medal format)
for men and women 50-years-old and up in five-year groups to include:

Cross Country: 5k and 10k Nordic (Classic and Skating races)

Nordic (telemark): Giant Slalom, Slalom, Dual Slalom

Snowboarding: Giant Slalom, Slalom, Dual Slalom

Downhill: Giant Slalom, Slalom, Dual Slalom

**REGISTRATION FORM
REVERSE SIDE**

A festive, colorful, action-packed Winter Carnival atmosphere
for competitors, spectators, friends and family

Dodge Ridge Wintersports Area, Pinecrest, California

For more information contact: Director@CaliforniaWinterGames.org

For **on.line registration** and more details visit: www.CaliforniaWinterGames.org

Sonora Regional Medical Center
Adventist Health



Individual Entry Form—First Annual California Senior Winter Games

March 11-14, 2010, Dodge Ridge Wintersports Area, Pinecrest, California

Winter sports competition - men & women - 50-years-old and up - five-year categories. California residency NOT a requirement.

For more information: Director@CaliforniaWinterGames.org or on.line registration at: www.CaliforniaWinterGames.org

Complete ALL information and SIGN the form below (form may be duplicated)

Personal Information (Please print)

Last Name _____ First Name _____ MI _____

Street Address _____ City _____ State _____

Phone Number _____ Age (on or before 12/31/2010) _____ Birth Date (MM -DD-YYYY) _____ Female _____ Male _____

E.mail _____ Shirt size S/ M / L / XL / XXL / XXXL
(Important information — Please print clearly)

Person to contact in case of emergency

Name _____ Ph (_____) _____ Relationship _____

RELEASE OF LIABILITY

PHOTO & FILM WAIVER: I hereby grant full permission to the organizers, their agents, employees, and representatives to use my name, voice, and/or picture or film in any broadcast, telecast, advertising, promotion or other use in relation to the California Senior Winter Games-California Senior Games Association.

LIABILITY WAIVER: In consideration of being allowed to participate in any way in the California Senior Winter Games-California Senior Games Association program, related events and activities, the undersigned acknowledges, appreciates and agrees that: (1) The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and, (2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and, (3) I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and, (4) I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE THE CSWG-CSGA, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law. (5) I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law. I have read this release of liability and assumption of risk agreement, fully understand its terms, that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Print Name: _____ Signature: _____

Circle the races you will be competing in: 3/11 - 5k Nordic Races (Classic & Skating)

3/12 - GS Ski (1 & 2) 3/12 - GS Snowboard (1 & 2) 3/12 - GS Telemark (1 & 2)

3/13 - SL Ski (1 & 2) 3/13 - SL Snowb (1 & 2) 3/13 - SL Telemark (1 & 2) 3/13 - 10k Nordic Races (Classic & Skating)

3/14 - Dual Slalom (Ski) 3/14 - Dual Slalom (Snowboard) 3/14 - Dual Slalom (Telemark)

("Gold, Silver and Bronze" Medals Awarded for All Races)

Payment Information

(All inclusive registration fee (\$125) includes all winter sports events, reception, banquet, commemorative racing bib, goody bag and an annual CSWG membership.)

(Discounted lift tickets for competitors)

Registration Fee _____ \$125.00

Non-competitors Reception (\$25.00 ea.) _____

Non-competitors Banquet (\$50.00 ea.) _____

Donation to California Senior Games Association _____
Deductible IRS 501(c)(3) Federal Tax ID No.33-0491296 Thank You!

Total Amount Enclosed _____

Final Registration Deadline

February 15, 2010 (Postmarked)

Make check payable to:

"California Senior Games Association"

Mail to:

California Senior Games Association

Leonard C. Sonnenberg — Treasurer

5190 Governor Drive, Ste. 201

San Diego CA 92122

Note on check: Registration fee for

"California Senior Winter Games"

Please do not send cash