

Huntsman World Senior Games  
St. George, Utah  
Official Mountain Biking Race Bible  
October 10 & 11, 2011

Sponsored By  
Red Mountain Spa



Red Mountain Spa

Huntsman World Senior Games  
Mountain Biking Events  
October 10 & 11, 2011

**Information**

- Director:** Kendall Sullivan (435) 680-2391
- Schedule:** Monday, Oct. 10 Hill Climb & Down Hill  
Tuesday, Oct. 11 Cross Country & Sport Sponsor Social
- Venues:** Green Valley Mountain Bike Trail, St. George, UT  
Tonaquint Park Pavilion – Sport Sponsor Social
- Divisions:** 5-Year Age Brackets  
Expert, Sport, and Beginner Skill Division  
Participants must register in the same division for all three races.
- Age Divisions:** 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94,  
95-99, 100+  
Games officials reserve the right to cancel any event or combine  
age divisions due to insufficient entries.
- Awards:** Each division; Gold, Silver, and Bronze medals  
Each division; Fourth, Fifth, & Sixth place ribbons
- Overall Winner:** Awards will be presented to the cyclist with the highest total  
points in each category. Racer must compete in at least two events to qualify for an  
Overall Award. Points will be scored in each category and awarded as follows:

First Place	= 10 points	Fourth Place	= 3 points
Second Place	= 7 points	Fifth Place	= 2 points
Third Place	= 5 points	Sixth Place	= 1 point

**Registration:** Event is sanctioned by USA Cycling—all USA Cycling rules apply. USA Cycling Mountain Bike licenses are required for all riders and will be available for purchase at the Dixie Center:  
Annual License - \$60/year, Day License - \$5/day.  
Expert Division -**Annual** USA Cycling Mountain Bike License is **mandatory**.  
Sport & Beginner Divisions - Annual or day licenses are available. International licenses will be honored.  
USA Cycling - 719-434-4200 or on-line @ [www.usacycling.org](http://www.usacycling.org).

**Check-In:** All racers must first check in at the Dixie Center to receive their HWSG ID Badge and purchase their USA Cycling Mountain Bike license, if necessary.

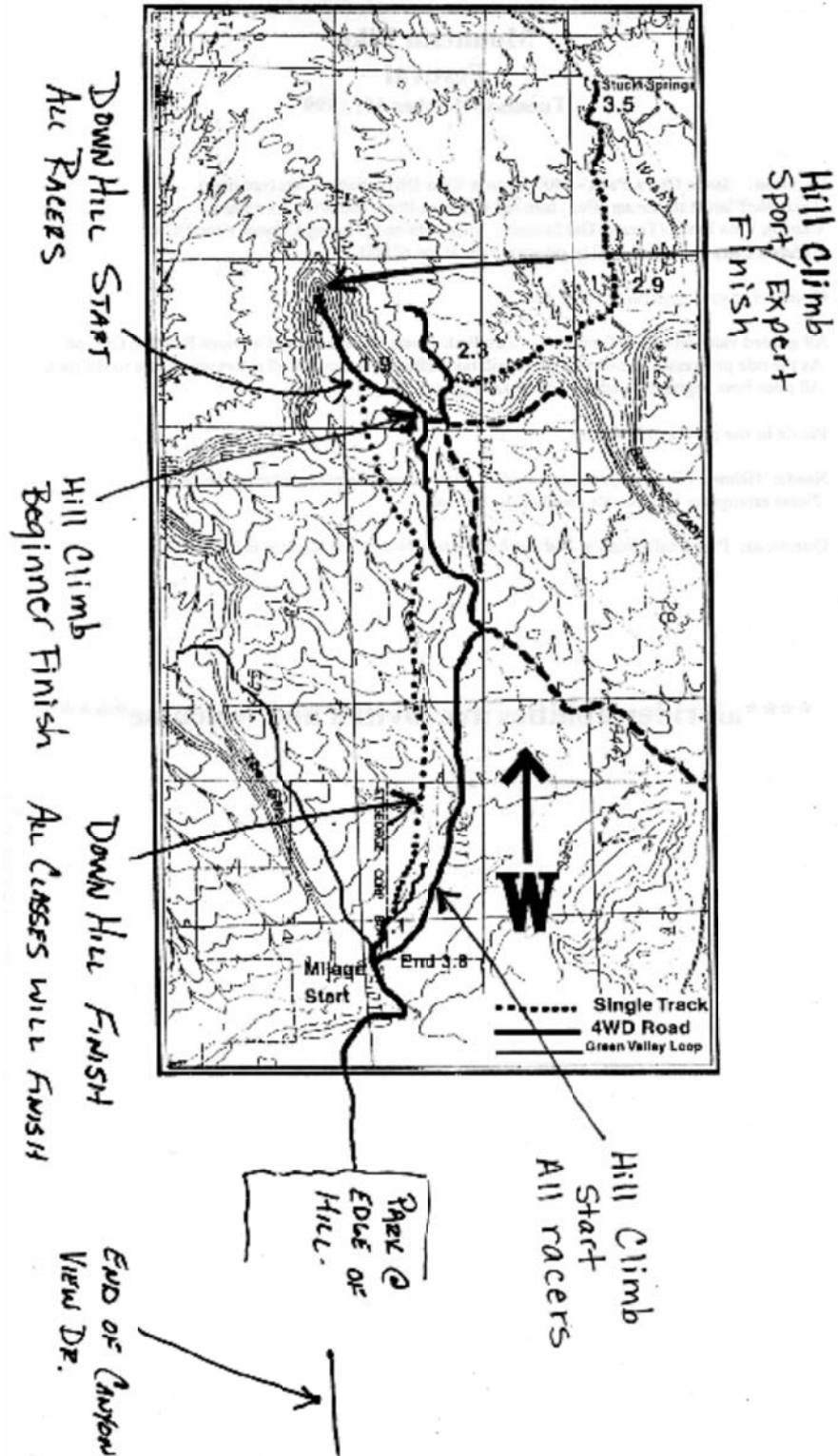
**Venue**  
**Check-In:** Participants must present their HWSG ID Badge and USA Cycling Mountain Bike License (or receipt of license purchase) at the venue check-in prior to each event.  
Venue is the Green Valley Mountain Bike Trail, St. George.  
Pre-race meetings will be held 45 minutes prior to the start of each Race.

**Service & Supplies:** Red Rock Bicycle Co. at the corner of Bluff Street & 100 South St. George, UT (435) 674-3185

**\*\*\*HELMETS and SHOES are REQUIRED AT ALL TIMES\*\*\***  
**Please Carry Adequate Water Supply**

## *Event Descriptions*

- Hill Climb:** Monday, October 10, 2011  
8:45AM Check-In  
9:30AM Race Start
- Venue:** Green Valley Mountain Bike Trail, St. George
- Course:** Climb 700 vertical feet on a dirt road to the mesa overlook at Green Valley.  
Approximate distance – 1.9 miles
- NOTE:** **Riders participating in the Down Hill race should remain at the top of the hill in preparation for the start of the race.**
- Down Hill:** Monday, October 10, 2011  
**Immediately following Hill Climb**
- Venue:** Green Valley Mountain Bike Trail, St. George
- Course:** After climbing 700 feet, practice and gear up for the fast, groomed single-track down hill.
- Awards:** Medals and ribbons will be awarded after the Hill Climb and the Down Hill.  
Gold, Silver and Bronze medals will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers, respectively for each age group and division.  
Ribbons will be awarded to the 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup>, place finishers in each age group and division.



The course will be marked with pin flags, arrows and signs.

**Cross Country:** Tuesday, October 11, 2011  
8:45AM Check-In  
9:30AM Race Start

**Venue:** Green Valley Mountain Bike Trail, St. George

**Course:** A favorite mountain bike course designed for racers of all ages and abilities. You will race over classic desert terrain and enjoy miles of single-track. Course includes Hill Climb and Down Hill sections as previously described.  
Sport & Expert classes will race larger sport course.  
Beginner class will race a special beginner loop.

**Sport Course:** 1 lap = approximately 7 miles

**Beginner Course:** 1 lap = approximately 2 miles

	<u>Men 50-69</u>	<u>Men 70+</u>	<u>Women 50-55</u>	<u>Women 55+</u>
Expert	3 laps (21 miles)	2 lap (14 miles)	2 laps (14 miles)	1 lap (7 miles)
Sport	2 laps (14 miles)	1 lap (7 miles)	1 lap (7 miles)	1 lap (7 miles)
Beginner	2 laps (4 miles)	1 lap (2 miles)	2 laps (4 miles)	1 lap (2 miles)

**Awards:** Cross Country Gold, Silver, Bronze medals and 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> place ribbons will be awarded at the Sport Sponsor Social.

Overall Awards will be presented at the Sport Sponsor Social.



**Sport Sponsor** Tuesday, October 11, 2011  
**Social:** 2:00PM  
Ticket Required

**Venue:** Tonaquint Park – Pavilion  
1851 S. Dixie Drive, St. George, UT  
Area map available at [www.seniorgames.net](http://www.seniorgames.net)

**Awards:** Cross Country medals and ribbons will be awarded.  
Overall Awards will be presented.

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